

# Report on the Bosco Employability Skills Training (BEST) Program & Social Skills Enhancement

November 13th to 14th, 2025



Auxilium College (Autonomous), Gandhi Nagar, Vellore

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# Program Abstract The Bosco Employability Skills Training (BEST) Program



The Bosco Employability Skills Training (BEST) Program, organized by Don Bosco Vazhikaatti, aimed to provide II nd Year students with valuable career guidance, skill enhancement, training, and job placement assistance. The event, held at Auxilium College (Autonomous), Vellore, together students brought interactive and informative session on career development, employability skills, and job placement opportunities. The program was designed to equip students with the skills, knowledge, and resources enter the workforce they need to successfully.



# **Overall Count**

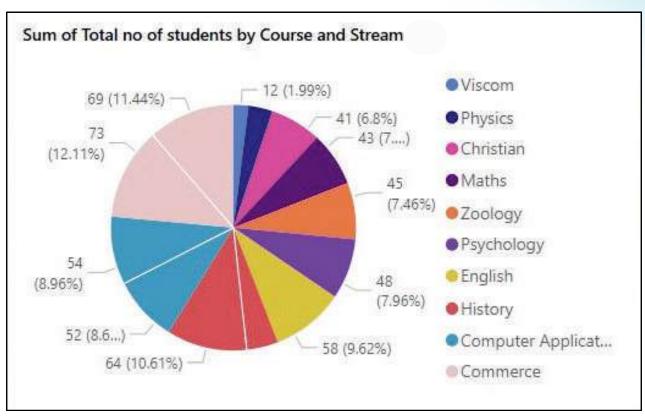
# **Total Registration: 923**

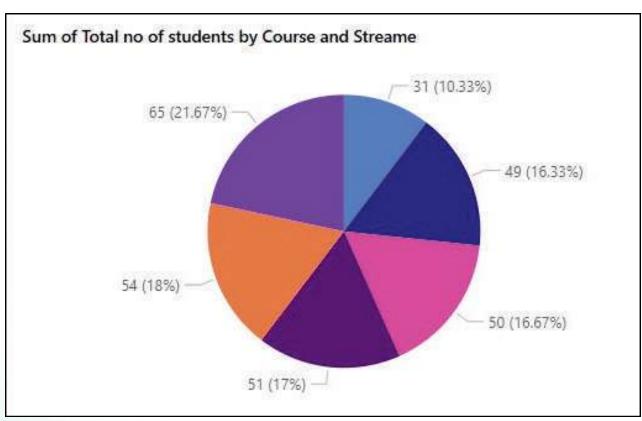
#### Shift - 1

#### No. Of S.No. Departments **Participants** II B.Com 'A' sec 1 73 2 II B.Com 'C' sec 68 3 II B.A Eng 56 II BA History 4 25 II B.Sc. Chemistry 5 40 6 II B.Sc Zoology 46 7 II B.Sc Maths 43 8 II B.Sc. Viscom 12 9 II B.Sc Psychology 48 10 II BCA 'B' sec 52 II BCA 'C' sec 11 52 12 **II BHA** 62 13 II B.Sc Physics 18 TOTAL 595

#### Shift - 2

S.No.	Departments	No. Of Participants
1	II B.Com	54
2	II B.Com (B & I)	30
4	II B.Sc. Microbiolog	49
5	II B.Sc. Biochemistry	30
6	II BCA 'A 'sec	50
7	II B.Sc. Computer Science	50
8	II BBA	65
*	TOTAL	328





# Inaugural Session

### **Auxilium College**

### (Autonomous), Vellore



The Inaugural Session of the program was held on 13 November 2025 at Auxilium College (Autonomous), Vellore. The first session for Shift I students began at 9:15 AM, starting with a warm and gracious Welcome Address by Dr. (Sr.) Arokia Jayaceli, Principal of Auxilium College. She extended heartfelt Bosco welcome to our team. Don Vazhikaatti. appreciating our collaboration and our commitment to supporting students with career guidance and employability skills.

The Shift II session was held in the afternoon at 1:30 PM, continuing with the same active involvement and enthusiasm from the students. Both sessions marked a meaningful beginning to the day's program and highlighted the strong partnership between Auxilium College and Don Bosco Vazhikaatti.



# Resource Team and Topics Handled



#### Rev. Fr. Joe Anand

Rev. Fr. Joe Anand delivered an insightful session on Goal Setting, Personal Values, Ethics. Scholarships, and Career Guidance, emphasizing the importance of clarity and discipline in shaping a successful future. He highlighted how setting meaningful goals aligned with one's core values helps students stay focused and make ethical decisions throughout their academic journey. Fr. Joe Anand also guided students on suitable identifying scholarship opportunities and using them as stepping stones for personal and professional growth. His session provided practical direction, inspiring students to plan their careers with purpose, responsibility, and confidence.

#### Dr. Joseph Einstein

Dr. Joseph Einstein conducted an engaging and insightful session on Emotional Intelligence and Stress Management, helping students understand the power of self-awareness, empathy, and emotional control in their daily lives. He explained how developing emotional intelligence enables individuals to build healthier relationships, communicate effectively, and respond positively to challenges. Dr. Einstein also shared practical techniques for managing stress, balancing academic pressure, and maintaining mental well-being. His session equipped students with essential life skills to stay calm, focused, and resilient in both personal and academic situations.

#### Mr. Lawrence

Mr. Lawrence delivered a highly impactful session covering Positive Attitude and Mindset, Conflict Resolution and Negotiation, Listening Skills, and Empathy in Communication, along with valuable insights into UPSC, TNPSC, and other Government Competitive Exams. He emphasized how cultivating a positive mindset helps individuals stay motivated and overcome effectively. Through challenges practical examples, he explained key strategies for resolving conflicts, negotiating respectfully, and communicating with empathy and clarity. Mr. also guided students on preparation methods, pathways, and opportunities available in major government examinations. His session competitive empowered students with essential life skills and inspired them to explore rewarding career possibilities in the public sector.



#### Ms. Jenifer

Ms. Jenifer conducted a dynamic and practical session on Public Speaking and Presentation Skills, Professional Email and Telephone Etiquette, Workplace and Communication Practices. She guided students on how to speak confidently, structure effective presentations, communicate with clarity and professionalism in academic and workplace environments. Through real-time examples and simple techniques, Ms. Jenifer highlighted the importance of proper email formatting, polite telephone communication, and maintaining professionalism in every interaction. Her session helped students enhance their communication abilities, build confidence, and prepare for real-world workplace expectations.





#### Mr. Neethi Manickam

Mr. Neethi Manickam delivered an inspiring and thought-provoking session on Positive Attitude and Mindset, Decision Making and Problem Solving, and "Measure Your Move -Logical Steps for a Successful Life." He emphasized how a positive mindset helps students approach challenges with confidence and resilience. Through practical strategies, he explained the importance of making thoughtful decisions, analysing situations logically, and solving problems efficiently. His concept of "Measure Your Move" encouraged students to plan each step carefully, think ahead, and adopt a structured approach to achieving success. The session motivated students to take responsibility for their growth and build a strong foundation for their future.

#### Ms. Arularasi

Ms. Arularasi conducted an engaging and highly practical session on Interview Preparation and Grooming, Career Planning, and Job Search Strategies. She guided students on how to present themselves confidently during interviews, highlighting key aspects such as personal grooming, body language, and professional etiquette. She also explained the importance of setting clear career goals and planning each step towards achieving them. Additionally, Ms. Arularasi shared effective strategies for job including resume readiness. searchina. networking, and using modern platforms to identify the right opportunities. Her session equipped students with essential skills to enter the job market with confidence and clarity.



#### Ms. Srija

Ms. Srija delivered an interactive and insightful session on Group Dynamics, Team Roles, Teamwork, and Leadership, helping students understand how effective collaboration leads to collective success. She explained the importance of recognizing individual strengths within a team and how each member's role contributes to achieving common goals. Through engaging activities, Ms. Srija highlighted key leadership qualities such as responsibility, communication, and decisionmaking. Her session encouraged students to work cohesively, take initiative, and develop the confidence to lead with clarity and purpose.

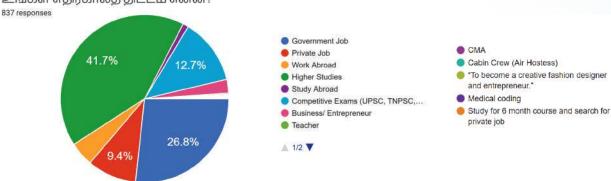


#### Mr Susai Rai

Mr. Susai Raj facilitated a powerful and motivating session on Handling Failure, Building Grit, and Overcoming Procrastination. He emphasized that failure is not an endpoint but a stepping stone for growth, encouraging students to develop resilience and bounce back stronger from setbacks. Through practical strategies, he guided them on how to build grit by staying consistent, disciplined, and focused on longterm goals. He also addressed the common challenge of procrastination, offering simple and effective techniques to manage time better and take action without delay. His session inspired students to stay determined. face challenges with confidence. and continuously strive toward personal and academic success.



What's the career plan after completing your degree? பட்டப்படிப்பை முடித்த பிறகு உங்கள் எதிர்காலத் திட்டம் என்ன?



What skills or topics are you most interested in learning about during the BEST Program? BEST பயிற்சித் திட்டத்தின் போது என்ன தி...ீங்கள் மிகவும் ஆர்வமாக உள்ளீர்கள்? 837 responses Interview Preparation & Groomi... 276 (33%) Career Planning & Job-Search... 386 (46.1%) -89 (10.6%) Think Before You Leap - Decisi... -119 (14.2%) Aptitude to Attitude - Logical T... Teamwork & Leadership -193 (23.1%) Workplace Communication Pra.. -163 (19.5%) Overcoming Procrastination 69 (8.2%) Learning From Mistakes -152 (18.2%) Transforming Test Skills into Lif.. -96 (11.5%) Social Media Etiquette -101 (12.1%) Measure Your Move - Logical... 95 (11.4%)

200

300

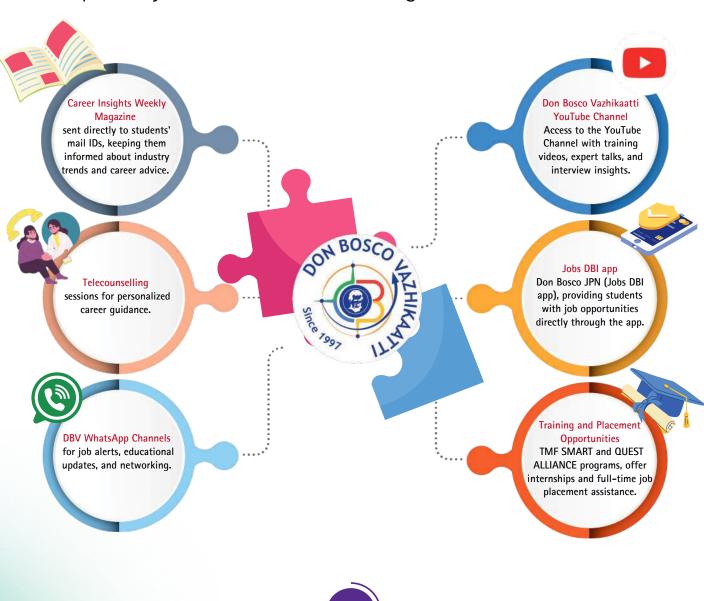
400

100

What skills or topics are you most interested in learning about during the Social Skills Enhancement Program? சமூகத் திறன் மேம்பாட்டுத...கொள்ள மிகவும் ஆர்வமாக உள்ளீர்கள்? 837 responses -232 (27.7%) Personal Grooming & Body La.. -259 (30.9%) Goal Setting & Personal Value.. Handling Failure & Building Grit 117 (14%) Self Confidence & Self-Esteem -299 (35.7% Positive Attitude & Mindset 205 (24.5%) Public Speaking & Presentatio.. 205 (24.5%) -119 (14.2%) **Emotional Intelligence** Conflict Resolution & Negotiation -65 (7.8%) 69 (8.2%) Listening & Empathy in Comm... Decision-Making & Problem-So.. -206 (24.6%) Confidence-Building Activities -145 (17.3%) 100 300 200

# Post Program Follow-up Initiatives

The program also ensured continuous guidance through dedicated follow-up support, helping students clarify doubts, refine their skills, and apply the learning effectively even after the sessions. This ongoing assistance strengthened their confidence and provided a clear pathway for academic and career growth.



# Feedback

#### Personalized Guidance:

Students received individual attention and tailored support, allowing them to identify their strengths, address personal challenges, and make informed decisions about their academic and career paths. This customized approach ensured that each student benefited meaningfully from the program based on their unique needs and aspirations.



#### Comprehensive Coverage:

The program offered a wide-ranging and wellstructured set of sessions that addressed essential of aspect student every development, including communication skills, emotional intelligence, leadership, career planning, competitive exam awareness, and personal growth. Each session was thoughtfully designed to equip students with the right knowledge, mindset, and practical tools needed to succeed academically. professionally, and personally.



#### Follow-Up Support:

The program also ensured continuous through dedicated follow-up quidance support, helping students clarify doubts, refine their skills, and apply the learning effectively even after the sessions. This ongoing assistance strengthened their confidence and provided a clear pathway for academic and career growth.



## Conclusion:

The Bosco Employability Skills Training (BEST) program was an impactful initiative that successfully equipped students with the essential tools needed to begin their career journeys with confidence. With a strong focus on career guidance, skill development, and placement preparation, the program has made a significant contribution to enhancing the employability of students at Auxilium College. Through continuous support, valuable resources, and consistent follow-ups, Don Bosco Vazhikaatti has reaffirmed its commitment to shaping the leaders of tomorrow and preparing them to face the challenges and opportunities of the professional world.

#### **ACKNOWLEDGEMENT:**

The program was made possible through the dedicated efforts of the Don Bosco Vazhikaatti team, along with the expert guidance of Rev. Fr. Joe Anand, Dr. Einstein, and Mr. Lawrence. Their commitment, expertise, and enthusiasm played a key role in delivering impactful sessions for the students.

Special thanks are also extended to Dr. (Sr.) Mary Josephine Rani – Secretary, Dr. (Sr.) Arokia Jayaceli – Principal, and Dr. (Sr.) Amala – Vice Principal for their continuous support, encouragement, and leadership, which contributed greatly to the success of the program.



### **Don Bosco Vazhikaatti**

#46, Siruvallur Road, Perambur, Chennai - 600 011. www.donboscovazhikaatti.com 89258 39478, 93852 01459, 044 - 2670 4491