

DON BOSCO YATHRA
SCHOOL OF LEARNERS
1997-2026

DB VEDU+

MONTHLY EDUCATIONAL BULLETIN

JANUARY 2026

SPORTS & PHYSICAL EDUCATION

Practices for a healthy mind, body and soul...



COURSE DESCRIPTION

A sports or physical education career will suit you if you have a very high level of knowledge in sports or games and sports management. Play a particular sport and be an expert at it. It will help if you become a Coach, Trainer, or Referee for that specific Game after finishing your Graduation at the School/College level or in Private Organizations or Institutes. You should have knowledge of fitness and nutrition, Sports medicine and physiology.

Athletes or Players are not the only stars of the Game or Sport. Some heroes do all the management work from the team to the tournament grounds, making the sport possible. Sports Managers are distributed in various sports management fields, such as Team Management, Team Director, Sports Agency Management, Brand Management, Tournament Planning, Player Management, etc.

In short, all careers in sports require extensive knowledge of the individual sport in which they are employed.



AVAILABLE DEGREES

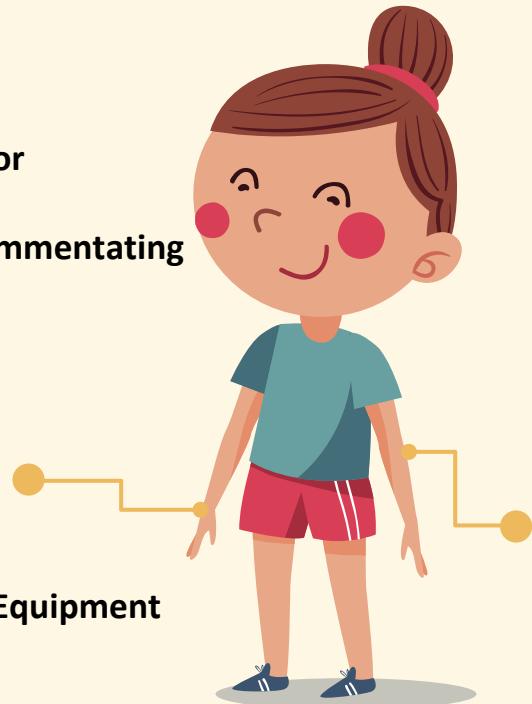


DEGREE	DURATION	ELIGIBILITY
BA (Bachelor of Arts)	3 Year	10+2 any stream
BA (Hons.) (Bachelor of Arts (Hons.))	3/4 Year	10+2 any stream
BBA (Bachelor of Business Administration)	3 Year	10+2 any stream
B Sc. (Bachelor of Science)	3 Year	10+2 with science
B Sc.(Hons.) (Bachelor of Science (Hons.))	3/4 Year	10+2 with science
BPES (Bachelor of Physical Education and Sports)	3/4 Year	10+2 any stream
B.P.Ed. (Bachelor of Physical Education)	2/3 Year	Bachelor Degree in Relevant field
BMS (Sports Management)	3 Year	Any Stream

CAREER PROSPECTS & SPECIALIZATIONS



- Sports Management
- Athlete & Team Director
- Sports Consultation
- Sports Journalism / Commentating
- Indian Civil Services
- Sports Person
- Indian Railways
- Indian Defence Forces
- Sports Coaching
- Umpire / Referee
- Fitness Training
- Manufacturing Sports Equipment



- Sports Management
- Physical Education & Sports
- Sports & Exercise Sciences
- Sports Coaching
- Sports Psychology
- Physical Education
- Sports Nutrition
- Exercise Physiology & Nutrition
- Yoga
- Physical Education, Health Education & Sports

Exams for Sports & Physical Education	For admission to	Website
SMAT- UG (Sports Management Admission Test)	3 year Bachelor of Sports Management at International Institute of Sports Management	https://www.iismworld.com/
*CUET (UG) (Common University Entrance Test)	BPES / B.Sc. (PE, HE & S) courses at Central, Public and Private Universities who have opted to take UG admissions through CUET across India	https://cuet.samarth.ac.in/
NSUEE (NSU Entrance Exam)	B.Sc. (Sports Coaching) & BPES Programs at National Sports University, Manipur	https://nsu.nta.ac.in/
B.Sc.(Yoga)-CET 117	3 year B.Sc. (Yoga) program at GGSIPU Delhi & its affiliated Colleges	https://www.ipu.ac.in/

SPORTS & PHYSICAL EDUCATION ENTRANCE EXAMS AFTER 12TH

Rank	Top Sports & Education Physical Colleges in India	Admission Process	Website
01	Indira Gandhi Institute of Physical Education and Sports Sciences, Delhi	Entrance Based Only	http://igipess.du.ac.in/
02	Manipal academy of higher education, jamshedpur	Own Test	https://manipal.edu/
03	Maulana abul kalam azad university of technology, west bengal	CET	https://makautwb.ac.in/
04	College of Physical Education, Pune	Based on 12th Marks	https://coeupune.bharatividyapeeth.edu/
05	Indira Gandhi Institute of Physical Education and Sports Sciences, Delhi	Based on Entrance Exam	https://www.igipess.ac.in/
06	Institute of Sports Science & Technology, Pune	Based on 12th Marks	https://www.isst.co.in/
07	National Academy of Sports Management, Mumbai	Own Test	https://nasmindia.in/
08	Centre for Sports Science, Chennai	Based on 12th Marks	https://www.csshccruct.ac.in/
09	National Sports University, Imphal Manipur	Based on 12th Marks	https://nsu.ac.in/
10	Swarnim Gujarat Sports University, Sports, Youth and Culture Activities Department, Gujarat	Written Test & Interview	https://sgsu.gujarat.gov.in/
30	The MaharajaBhupinder Singh Punjab Sports University (MBPSPU), Patiala	Physical Fitness Test (PFT)	https://mbpssu.ac.in/

Top 30 Sports Oriented Colleges with Ranking, Admission Processes and Websites



Rank	Top Sports & Education Physical Colleges in India	Admission Process	Website
11	Tamil Nadu Physical Education and Sports University, Chennai	Based on 10+2 Marks	https://www.tnpesu.org/
12	Lakshmibai National Institute of Physical Education, Gwalior	Based on 10+2 Marks	https://www.lnipe.edu.in/
13	PES University, Bangalore	PESSAT Test	https://pes.edu/
14	George Group of Colleges, Kolkata, West Bengal	WBUT Test	https://www.georgecollege.org/
15	International Institute of Sports Management, Mumbai	SMAT Test	https://www.iismworld.com/
16	Kalinga University, Raipur	Kalinga Scholastic Entrance Examination (KALSEE)	https://www.kalingauniversity.ac.in/
17	NagindasKhandwala College, Mumbai	Own Test	https://www.nk.ac.in/
18	The Global Open University Nagaland	Based on 10+2 Marks	https://nagaland.net.in/
19	Indira Gandhi Technological and Medical Sciences University, Ziro, Arunachal Pradesh	Based on 10+2 Marks	https://www.igtamsu.ac.in/
20	Dhanamanjuri College of Science (DM), Imphal, Manipur	Own Test	https://dmscience.ac.in/

Top 30 Sports Oriented Colleges with Ranking, Admission Processes and Websites

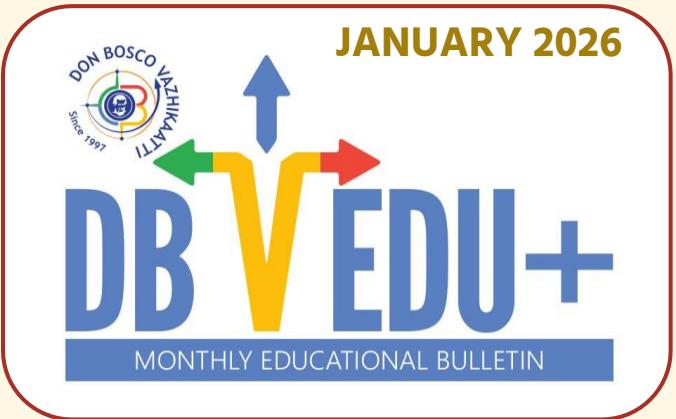


Rank	Top Sports & Education Physical Colleges in India	Admission Process	Website
21	Jyotiba College of Physical Education, Bhopal	Based on 10+2 Marks	https://ljpis.net/
22	ITM University, Gwalior	Based on 10+2 Marks	https://itmuniversity.ac.in/
23	TRANSTADIA INSTITUTE, Mumbai	TransStadia Institute Admission Test (TIAT)	https://transtadiainstitute.in/
24	SRI SRI UNIVERSITY, Cuttack	SSU CET Test	https://srisriuniversity.edu.in/
25	Amity University, Noida	Own Test	https://www.amity.edu/
26	RIMT University, Gobindgarh	Based on 10+2 Marks	https://rimt.ac.in/
27	Singhania University, Jhunjhunu-Rajasthan	Based on 10+2 Marks	https://singhaniauniversity.co.in/
28	CT University, Ludhiana	Based on 10+2 Marks	https://ctuniversity.in/
29	Greenwood Institute of Education, Karnal, Haryana	Own Test	https://greenwoodinstitutes.com/
30	The MaharajaBhupinder Singh Punjab Sports University (MBPSPU), Patiala	Physical Fitness Test (PFT)	https://mbpssu.ac.in/

**Top 30 Sports Oriented Colleges
with Ranking, Admission Processes and Websites**



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