

JANUARY 2026

# SPORTS & PHYSICAL EDUCATION

Practices for a healthy mind, body and soul...



# COURSE DESCRIPTION

A sports or physical education career will suit you if you have a very high level of knowledge in sports or games and sports management. Play a particular sport and be an expert at it. It will help if you become a Coach, Trainer, or Referee for that specific Game after finishing your Graduation at the School/College level or in Private Organizations or Institutes. You should have knowledge of fitness and nutrition, Sports medicine and physiology.

Athletes or Players are not the only stars of the Game or Sport. Some heroes do all the management work from the team to the tournament grounds, making the sport possible. Sports Managers are distributed in various sports management fields, such as Team Management, Team Director, Sports Agency Management, Brand Management, Tournament Planning, Player Management, etc.

In short, all careers in sports require extensive knowledge of the individual sport in which they are employed.



# AVAILABLE DEGREES

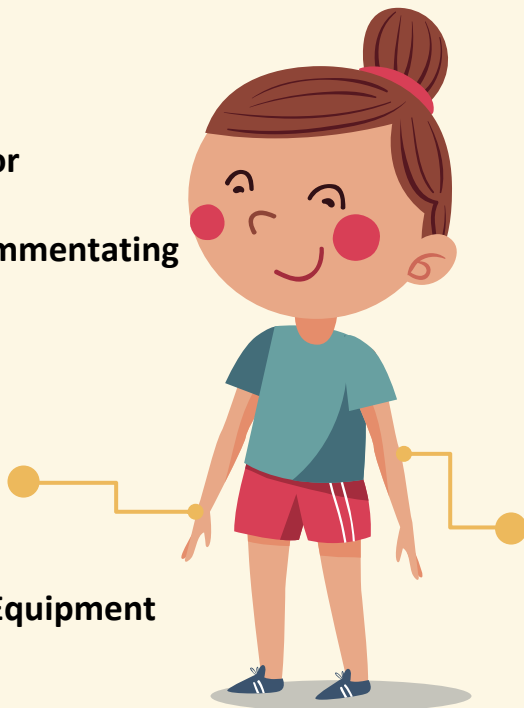


DEGREE	DURATION	ELIGIBILITY
BA (Bachelor of Arts)	3 Year	10+2 any stream
BA (Hons.) (Bachelor of Arts (Hons.))	3/4 Year	10+2 any stream
BBA (Bachelor of Business Administration)	3 Year	10+2 any stream
B Sc. (Bachelor of Science)	3 Year	10+2 with science
B Sc.(Hons.) (Bachelor of Science (Hons.))	3/4 Year	10+2 with science
BPES (Bachelor of Physical Education and Sports)	3/4 Year	10+2 any stream
B.P.Ed. (Bachelor of Physical Education)	2/3 Year	Bachelor Degree in Relevant field
BMS (Sports Management)	3 Year	Any Stream

# CAREER PROSPECTS & SPECIALIZATIONS



- Sports Management
- Athlete & Team Director
- Sports Consultation
- Sports Journalism / Commentating
- Indian Civil Services
- Sports Person
- Indian Railways
- Indian Defence Forces
- Sports Coaching
- Umpire / Referee
- Fitness Training
- Manufacturing Sports Equipment



- Sports Management
- Physical Education & Sports
- Sports & Exercise Sciences
- Sports Coaching
- Sports Psychology
- Physical Education
- Sports Nutrition
- Exercise Physiology & Nutrition
- Yoga
- Physical Education, Health Education & Sports

Exams for Sports & Physical Education	For admission to	Website
<b>SMAT- UG</b> (Sports Management Admission Test)	3 year Bachelor of Sports Management at International Institute of Sports Management	<a href="https://www.iismworld.com/">https://www.iismworld.com/</a>
<b>*CUET (UG)</b> (Common University Entrance Test)	BPES / B.Sc. (PE, HE & S) courses at Central, Public and Private Universities who have opted to take UG admissions through CUET across India	<a href="https://cuet.samarth.ac.in/">https://cuet.samarth.ac.in/</a>
<b>NSUEE (NSU Entrance Exam)</b>	B.Sc. (Sports Coaching) & BPES Programs at National Sports University, Manipur	<a href="https://nsu.nta.ac.in/">https://nsu.nta.ac.in/</a>
<b>B.Sc.(Yoga)-CET 117</b>	3 year B.Sc. (Yoga) program at GGSIPU Delhi & its affiliated Colleges	<a href="https://www.ipu.ac.in/">https://www.ipu.ac.in/</a>

**SPORTS & PHYSICAL EDUCATION ENTRANCE EXAMS AFTER 12<sup>TH</sup>**

Rank	Top Sports & Education Physical Colleges in India	Admission Process	Website
01	Indira Gandhi Institute of Physical Education and Sports Sciences, Delhi	Entrance Based Only	<a href="http://igipess.du.ac.in/">http://igipess.du.ac.in/</a>
02	Manipal academy of higher education, jamshedpur	Own Test	<a href="https://manipal.edu/">https://manipal.edu/</a>
03	Maulana abul kalam azad university of technology, west bengal	CET	<a href="https://makautwb.ac.in/">https://makautwb.ac.in/</a>
04	College of Physical Education, Pune	Based on 12th Marks	<a href="https://coeupune.bharativedyapeeth.edu/">https://coeupune.bharativedyapeeth.edu/</a>
05	Indira Gandhi Institute of Physical Education and Sports Sciences, Delhi	Based on Entrance Exam	<a href="https://www.igipess.ac.in/">https://www.igipess.ac.in/</a>
06	Institute of Sports Science & Technology, Pune	Based on 12th Marks	<a href="https://www.isst.co.in/">https://www.isst.co.in/</a>
07	National Academy of Sports Management, Mumbai	Own Test	<a href="https://nasmindia.in/">https://nasmindia.in/</a>
08	Centre for Sports Science, Chennai	Based on 12th Marks	<a href="https://www.csshccruct.ac.in/">https://www.csshccruct.ac.in/</a>
09	National Sports University, Imphal Manipur	Based on 12th Marks	<a href="https://nsu.ac.in/">https://nsu.ac.in/</a>
10	Swarnim Gujarat Sports University, Sports, Youth and Culture Activities Department, Gujarat	Written Test & Interview	<a href="https://sgsu.gujarat.gov.in/">https://sgsu.gujarat.gov.in/</a>
30	The MaharajaBhupinder Singh Punjab Sports University (MBPSPU), Patiala	Physical Fitness Test (PFT)	<a href="https://mbpssu.ac.in/">https://mbpssu.ac.in/</a>



**Top 30 Sports Oriented Colleges**  
with Ranking, Admission Processes and Websites

Rank	Top Sports & Education Physical Colleges in India	Admission Process	Website
11	Tamil Nadu Physical Education and Sports University, Chennai	Based on 10+2 Marks	<a href="https://www.tnpesu.org/">https://www.tnpesu.org/</a>
12	Lakshmibai National Institute of Physical Education, Gwalior	Based on 10+2 Marks	<a href="https://www.lnipe.edu.in/">https://www.lnipe.edu.in/</a>
13	PES University, Bangalore	PESSAT Test	<a href="https://pes.edu/">https://pes.edu/</a>
14	George Group of Colleges, Kolkata, West Bengal	WBUT Test	<a href="https://www.georgecollege.org/">https://www.georgecollege.org/</a>
15	International Institute of Sports Management, Mumbai	SMAT Test	<a href="https://www.iismworld.com/">https://www.iismworld.com/</a>
16	Kalinga University, Raipur	Kalinga Scholastic Entrance Examination (KALSEE)	<a href="https://www.kalingauniversity.ac.in/">https://www.kalingauniversity.ac.in/</a>
17	NagindasKhandwala College, Mumbai	Own Test	<a href="https://www.nk.ac.in/">https://www.nk.ac.in/</a>
18	The Global Open University Nagaland	Based on 10+2 Marks	<a href="https://nagaland.net.in/">https://nagaland.net.in/</a>
19	Indira Gandhi Technological and Medical Sciences University, Ziro, Arunachal Pradesh	Based on 10+2 Marks	<a href="https://www.igtamsu.ac.in/">https://www.igtamsu.ac.in/</a>
20	Dhanamanjuri College of Science (DM), Imphal, Manipur	Own Test	<a href="https://dmscience.ac.in/">https://dmscience.ac.in/</a>



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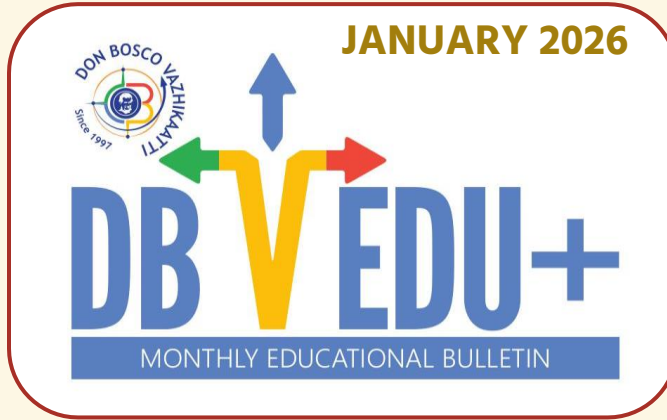
Rank	Top Sports & Education Physical Colleges in India	Admission Process	Website
21	Jyotiba College of Physical Education, Bhopal	Based on 10+2 Marks	<a href="https://ljpis.net/">https://ljpis.net/</a>
22	ITM University, Gwalior	Based on 10+2 Marks	<a href="https://itmuniversity.ac.in/">https://itmuniversity.ac.in/</a>
23	TRANSTADIA INSTITUTE, Mumbai	TransStadia Institute Admission Test (TIAT)	<a href="https://transtadiainstitute.in/">https://transtadiainstitute.in/</a>
24	SRI SRI UNIVERSITY, Cuttack	SSU CET Test	<a href="https://srisriuniversity.edu.in/">https://srisriuniversity.edu.in/</a>
25	Amity University, Noida	Own Test	<a href="https://www.amity.edu/">https://www.amity.edu/</a>
26	RIMT University, Gobindgarh	Based on 10+2 Marks	<a href="https://rimt.ac.in/">https://rimt.ac.in/</a>
27	Singhania University, Jhunjhunu-Rajasthan	Based on 10+2 Marks	<a href="https://singhaniauniversity.co.in/">https://singhaniauniversity.co.in/</a>
28	CT University, Ludhiana	Based on 10+2 Marks	<a href="https://ctuniversity.in/">https://ctuniversity.in/</a>
29	Greenwood Institute of Education, Karnal, Haryana	Own Test	<a href="https://greenwoodinstitutes.com/">https://greenwoodinstitutes.com/</a>
30	The MaharajaBhupinder Singh Punjab Sports University (MBPSPU), Patiala	Physical Fitness Test (PFT)	<a href="https://mbpssu.ac.in/">https://mbpssu.ac.in/</a>



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THE  
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