



Report on the
Bosco Employability Skills Training (BEST) Program &
Social Skills Enhancement

December 08th to 09th, 2025

Don Bosco College Dharmapuri

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DON BOSCO COLLEGE

(Affiliated to Periyar University - Salem 536 011)



Athiyaman Bypass Road, Sogathur Post, Dharmapuri 636 809.

The Director,
Don Bosco Vazhikaatti,
Perambur

Dear and Rev. Fr. Joe Anand,

We are grateful for the excellent Employability Skill Training and Soft Skill Enhancement sessions for our final year undergraduate and postgraduate students.

We wish to appreciate the efficient resource persons of Don Bosco Vazhikaatti for the insightful and engaging training sessions. The content was highly relevant and the practical exercises were particularly valuable.

We are sure the knowledge and skills acquired will help the students to enhance their employment and Entrepreneur opportunities.

We thank you for the conduct of a well-structured and informative training program. We hope your centre will continue to collaborate to train our students to prepare them for their future career prospects.

Yours truly,

Dr. K. Anand



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"MENS SANA IN CORPORE SANO"

A HEALTHY MIND IN A HEALTHY BODY

Program Abstract

The Bosco Employability Skills Training (BEST) Program



The Bosco Employability Skills Training (BEST) Program, organized by Don Bosco Vazhikaatti, aimed to provide Third year UG students and Second year PG students with valuable career guidance, skill enhancement, training, and job placement assistance. The event, held at Don Bosco College Dharmapuri, brought together students for an interactive and informative session on career development, employability skills, and job placement opportunities. The program was designed to equip students with the skills, knowledge, and resources they need to enter the workforce successfully.



Program Overview

Don Bosco College, Dharmapuri

The program spanned two days, each filled with valuable insights, hands-on activities, and practical knowledge. The sessions were thoughtfully structured to ensure maximum engagement and effective learning for all participants.

The sessions were held from 9:00 AM to 1:30 PM, with each day offering a perfect blend of theoretical understanding and practical training.

The topics covered were carefully designed to equip students with the right skill sets and mindsets for successful career placements. The program emphasized BEST training and skill enhancement, ensuring that students gained meaningful exposure to employability skills, career readiness, and personal development.

A total of 356 students participated in the program, actively engaging in the sessions and activities throughout the two days.



**DON BOSCO COLLEGE
DHARAMAPURI**
&
**DON BOSCO VAZHKAATTI
PERAMBUR**
Jointly Organize

**Best Program
&
Social Skills**

**Programme III-year
undergraduate students &
II-year postgraduate students**

DECEMBER 8 & 9, 2025

Learning is the quiet work that creates a loud future

46, Siruvallur High Rd, Jagannathan Colony, Perambur,
Chennai, Tamil Nadu 600011

Inaugural Session

Don Bosco College, Dharmapuri



The Inaugural Session of the program was held on 8 December 2025 at Don Bosco College, Dharmapuri. The session for students commenced at 9:00 AM with a warm and gracious Welcome Address by Rev. Fr. Christopher Alexander, Vice-Principal of Don Bosco College. This was followed by Dr. K. Anand, Principal of the college, who extended a heartfelt welcome to the Don Bosco Vazhikaatti team, appreciating the collaboration and their continued commitment to supporting students through career guidance and employability skill development.



Overall Count

Total Registration: 362

Shift - 1

S.No	Course	III Year
1	B.Sc., CS	75
2	BCA	73
3	B.Com	17
4	B.Com (CA)	38
5	B.Sc., Maths	1
6	BBA	24
7	B.Sc., Phy	6
8	B.A., JMC (DPM)	23
9	B.Sc., Chem	38
10	B.A., English	12
11	B.A., Tamil	19
	Total UG	326

Shift - 2

S. No	Course	II Year PG
1	M.S.W	7
2	M.Sc., Maths	4
3	M.Sc., CS	15
4	M.Com	1
5	M.A., English	0
6	M.Sc., Phy	2
7	M.Sc., Chem	7
8	M.A., Tamil	0
	Total PG	36



Resource Team and Topics Handled



Mr. Lawrence

Mr. Lawrence delivered a highly impactful session covering Positive Attitude and Mindset, Conflict Resolution and Negotiation, Listening Skills, and Empathy in Communication, along with valuable insights into UPSC, TNPSC, and other Government Competitive Exams. He emphasized how cultivating a positive mindset helps individuals stay motivated and overcome challenges effectively. Through practical examples, he explained key strategies for resolving conflicts, negotiating respectfully, and communicating with empathy and clarity. Mr. Lawrence also guided students on the pathways, preparation methods, and opportunities available in major government competitive examinations. His session empowered students with essential life skills and inspired them to explore rewarding career possibilities in the public sector.

Mr. Neethi Manickam

Mr. Neethi Manickam delivered an inspiring and thought-provoking session on Time Management, Leadership, Problem Solving, and Critical Thinking. He emphasized how effective time management enables students to prioritize tasks, stay focused, and achieve goals efficiently. The session also highlighted essential leadership qualities such as responsibility, decision-making, and accountability. Through practical strategies and real-life examples, he guided students on analysing situations critically, approaching challenges logically, and solving problems effectively. The session encouraged students to think ahead, plan their actions wisely, and take ownership of their personal and professional growth, motivating them to build a strong foundation for future success.

Ms. Arularasi

Ms. Arularasi conducted an engaging and highly practical session focusing on Job Market Awareness, Career Opportunities, and Workplace Ethics. She helped students understand current job market trends, emerging career options, and the skills required to stay competitive. The session emphasized professional behaviour, including workplace ethics, discipline, communication skills, and respectful conduct in professional environments.

She also guided students on setting clear career goals and planning systematic steps to achieve them, while highlighting the importance of professional etiquette, body language, and personal presentation. Through real-life examples and practical insights, the session equipped students with the right mindset, ethical values, and awareness needed to enter the job market confidently and responsibly.



Ms. Srija

Ms. Srija delivered an interactive and insightful session on Workplace Communication, Interview Skills, and Body Language, helping students understand the importance of clear, professional communication in a work environment. She explained how effective verbal and non-verbal communication plays a crucial role during interviews and daily workplace interactions.

Through engaging activities and practical demonstrations, Ms. Srija highlighted key aspects such as confident self-presentation, appropriate body language, active listening, and professional responses. She also guided students on handling interviews effectively by maintaining clarity, confidence, and composure. Her session encouraged students to communicate confidently, present themselves professionally, and approach interviews with assurance and purpose.



Mr Susai Raj

Mr. Susai Raj facilitated a powerful and motivating session on Resume & Cover Letter Preparation, LinkedIn Profile Building, and Emotional Intelligence at Work. He guided students on how to create effective and professional resumes and cover letters that highlight their skills, strengths, and career aspirations. The session also focused on building a strong LinkedIn profile, emphasizing personal branding, networking, and leveraging the platform for career growth.

In addition, he highlighted the importance of Emotional Intelligence in the workplace, helping students understand self-awareness, empathy, emotional regulation, and positive interpersonal relationships. Through practical insights and real-life examples, the session empowered students to present themselves professionally, manage emotions effectively, and navigate the professional environment with confidence and maturity.



Post Program Follow-up Initiatives

The program also ensured continuous guidance through dedicated follow-up support, helping students clarify doubts, refine their skills, and apply the learning effectively even after the sessions. This ongoing assistance strengthened their confidence and provided a clear pathway for academic and career growth.



Feedback

Personalized Guidance:

Students received individual attention and tailored support, allowing them to identify their strengths, address personal challenges, and make informed decisions about their academic and career paths. This customized approach ensured that each student benefited meaningfully from the program based on their unique needs and aspirations.



Comprehensive Coverage:

The program offered a wide-ranging and well-structured set of sessions that addressed every essential aspect of student development, including communication skills, emotional intelligence, leadership, career planning, competitive exam awareness, and personal growth. Each session was thoughtfully designed to equip students with the right knowledge, mindset, and practical tools needed to succeed academically, professionally, and personally.



Follow-Up Support:

The program also ensured continuous guidance through dedicated follow-up support, helping students clarify doubts, refine their skills, and apply the learning effectively even after the sessions. This ongoing assistance strengthened their confidence and provided a clear pathway for academic and career growth.



Feedback

estamp	Student Name	Department And Year	In what way the BEST soft skills program was	How was the trainers presentation and inputs on various skill	How was the BEST soft skills program	Overall Coordination from the College	Overall Coordination from the Don Box	Your Suggestions and Expectations?
12/9/2025 9:53:32	Prasanth M	3	Yes	Good	No	Yes	No	Yes
12/9/2025 9:53:48	Vishnu M	B.Sc Computer Science 202	Yes	Good	Good	Good	Good	Good
12/9/2025 9:54:02	Tharunkishore	Computer science 3 year	Yes definitely	Good and clean teaching	Good	Good	Good	Improve it to next generation
12/9/2025 9:54:29	Saravanan	CS	Yes useful for future	Well 🍷	Yes	No	No	Good teaching and good communication skills
12/9/2025 9:55:03	Malick A	Computer science 2023-20	For job purpose	Nice	Nice	Yes	Nice	More job offer about government job
12/9/2025 9:55:32	A. Priyan	Bsc computer science (3 yr)	Good	Nice	Impressive	Good	Good	All ok and good
12/9/2025 9:55:49	Ravishama V	BSc cs 3year	It is good for idiya	Good	Good	Good	Good	No
12/9/2025 9:55:50	A.sujan rex	B.Sc Physics 3rd year	To come out from the fear of interview	Excellent	Very useful	Good	Super	Everything is good
12/9/2025 9:55:54	Hanni G	Master of social work - 2nd	Impactful	Empowering	Excellent	Good	VGood	Follow up activity
12/9/2025 9:56:08	K Sakthivel	COMPUTER SCIENCE AND	For job opportunity, emotional intelligence	Good	Good	Average	Good	Nothing
12/9/2025 9:56:19	SIVANESAN M	COMPUTER SCIENCE 3RD	For job opportunities, emotional intelligence	Good	Good	Above average	Good	Nothing
12/9/2025 9:56:24	SELVARAJ M	COMPUTER SCIENCE III (U)	By career & also personal life	Better	Get an idea to handle situations in work pla	Fine	Good	No comments
12/9/2025 9:56:27	Pasupathi	3rd year	Yes	Excellent	I am learning various kinds of knowledge	Average	Good	Nothing
12/9/2025 9:56:30	Pvignesh	3rd physics	Competitive exam and EQ and IQ	Excellent 🍷	EQ and IQ	Excellent	Marvelous	No suggestion
12/9/2025 9:56:40	Rishikesh D	Computer Science 3rd year	For job opportunities	Good	Good	Above average	Good	Good
12/9/2025 9:56:43	SIVA V	B.Sc computer science - 3n	Yes useful	Presentation good and useful content	Yes	Good	Good	Nothing
12/9/2025 9:56:49	T.murugan	3rd year	Yes	Yes iam really impressed	Excellent	Average	Good	All good
12/9/2025 9:56:53	S.lavansai	MSW -II year	Empowering	Excellent	Excellent	Good	Good	Continues this program
12/9/2025 9:56:55	Kowsalya s	MSW & II year	Emotional intelligence	Its useful our career	Emotional intelligence	Good	Good	Contact more training program in various colleges
12/9/2025 9:57:37	Thavil Kumar	B.sc computer science	Yes	Good	Very very good	Nice	Very good	Very nice
12/9/2025 9:57:47	ROHITH M	III B.Sc. Computer science	attend interview	Good	Slides	Good	Good	No
12/9/2025 9:57:51	Priyanka R	Master of social work - 2nd	Excellent	Empowering	Impactful	V. Good	Good	Very useful for my future career
12/9/2025 9:58:03	S.Sethiyamcoorhy	3rd Physics	Competitive Exam Emotional intelligence and IQ	Excellent The trainer said to our future plans.	Emotional intelligence	Good	Excellent	Learn more for useful trainings and skills.
12/9/2025 9:58:36	Mohan V	Computer science 3rd year	Useful	Good	Yes	Usefull	Yes	Very good
12/9/2025 9:59:27	M.MOHAMMED ETHIRIS	B.SC COMPUTER SCIENCE	Yes	Good	Yes	Nice	Excellent	I am learning more information in this training prog
2/9/2025 10:02:28	SRIRANITH A	B.Sc computer science	Yes	Good	Yes	Academics, admin	Skill development	Personal of professional
2/9/2025 10:02:47	YUVABHARATHI	Bsc computer science	Yes	Good	Focus on communication, teamwork, empa	Academics, admin, finance	Skill development and job placement	Personal or professional
2/9/2025 10:04:57	Thavil Kumar	B.sc computer science	improving communication, collaboration, and pro	Post training surveys sent via email shortly after the session.	positive impressions highlighting significan	integrating all departments (Academics	soft skills, and values-based education to	and expectations depend on the context (job
2/9/2025 10:44:25	Alakshitha R	MSW I YEAR	Yes	Good	Yes	Good Coordination	Very Good	It's Gaining My Knowledge





Conclusion & Suggestion:

The BEST Program was designed to equip students with essential employability skills, career awareness, and professional competencies required to succeed in today's competitive job market. Through a series of interactive and practical sessions led by experienced resource persons, students gained valuable insights into job market trends, career opportunities, workplace ethics, professional behaviour, effective communication, and awareness of competitive examinations such as UPSC and TNPSC.

The sessions also focused on interview skills, body language, resume and cover letter preparation, LinkedIn profile building, emotional intelligence at work, and career pathways through government and civil service examinations, enabling students to explore both private and public sector opportunities. Emphasis was placed on time management, leadership, problem-solving, and critical thinking to help students make informed decisions and manage challenges effectively, including strategies for competitive exam preparation.

Overall, the program empowered students with clarity, confidence, and a structured approach to career planning, preparing them to enter the professional world with the right skills, mindset, and ethical values for long-term success. The initiative made a significant contribution to enhancing the employability and competitive readiness of students at Don Bosco College. Through continuous support, valuable resources, and consistent follow-ups, Don Bosco Vazhikaatti has reaffirmed its commitment to shaping the leaders of tomorrow and preparing students to face the challenges and opportunities of both professional careers and competitive examinations.

Suggestions to the Management

Based on student feedback and observations during the program, it is recommended that the management consider introducing Agriculture Technology–related projects and initiatives, as a section of students have expressed strong interest in this emerging and impactful field. Such projects would help students gain hands-on experience, innovation exposure, and practical skills aligned with sustainable development and modern agriculture practices.

Additionally, since a majority of students have shown keen interest in preparing for competitive examinations such as UPSC and TNPSC, it is suggested to establish structured guidance programs, including orientation sessions, foundation courses, study circles, mentoring support, and access to relevant learning resources. These initiatives would further strengthen students' preparation and improve their chances of success in competitive examinations.



ACKNOWLEDGEMENT:

The program was made possible through the dedicated efforts of the Don Bosco Vazhikaatti team, along with the expert guidance of Rev. Fr. Joe Anand and Mr. Lawrence. Their commitment, expertise, and enthusiasm played a key role in delivering impactful sessions for the students.

Special thanks are also extended to the college management for their continuous support, encouragement, and leadership, which contributed greatly to the success of the program, especially to:

Rev. Dr. P. Robert Ramesh Babu, SDB – Rector / Secretary

Rev. Fr. Francis Amalavanan – Administrator

Rev. Fr. Thomas George – Vice-Rector / Vice Principal

Rev. Fr. Christopher Alexander – Vice Principal

Dr. K. Anand – Principal



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