

Report on the Bosco Employability Skills Training (BEST) Program

January 21th to 23th, 2026

Sacred Heart College (Autonomous), Tirupattur



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Program Abstract

The Bosco Employability Skills Training (BEST) Program, organized by Don Bosco Vazhikaatti, aimed to provide Third year UG students and Second year PG students with valuable career guidance, skill enhancement, training, and job placement assistance. The event, held at Sacred Heart College Tirupattur, brought together students for an interactive and informative session on career development, employability skills, and job placement opportunities. The program was designed to equip students with the skills, knowledge, and resources they need to enter the workforce successfully.



Program Overview

The program spanned three days, each filled with valuable insights, hands-on activities, and practical knowledge. The sessions were thoughtfully structured to ensure maximum engagement and effective learning for all participants.

The sessions were held from 9:00 AM to 5:00 PM for both shifts, with each day offering a perfect blend of theoretical understanding and practical training.

The topics covered were carefully designed to equip students with the right skill sets and mindsets for successful career placements. The program emphasized Bosco Employability Skill Training Program, ensuring that students gained meaningful exposure to employability skills, career readiness, and personal development.

A total of 373 students participated in the program, actively engaging in the sessions and activities throughout the two days.



Inaugural Session

The Inaugural Session of the program was held on 21 January 2026 at Sacred Heart College, Tirupattur. The session for students commenced at 9:00 AM with a warm and gracious Welcome Address by Mr. Vinoth, who extended a heartfelt welcome to the Don Bosco Vazhikaatti team, appreciating the collaboration and their continued commitment to supporting students through career guidance and employability skill development.

S.No	Course	III Year
1	B.Sc., CS	55
2	BCA	53
3	B.Com	37
4	B.Com (CA)	38
5	B.Sc., Maths	18
6	BBA	24
7	B.Sc., Phy	21
8	B.A., Tamil	23
9	B.Sc., Chem	80
10	B.A., English	12
	Total UG	373



Resource Team and Topics Handled

Mr. Lawrence

Mr. Lawrence delivered a highly impactful session covering Positive Attitude and Mindset, Problem Solving & Decision Making, along with valuable insights into UPSC, TNPSC, and other Government Competitive Exams. He emphasized how cultivating a positive mindset helps individuals stay motivated and overcome challenges effectively. Through practical examples, he explained key strategies for resolving conflicts, negotiating respectfully, and communicating with empathy and clarity. Mr. Lawrence also guided students on the pathways, preparation methods, and opportunities available in major government competitive examinations. His session empowered students with essential life skills and inspired them to explore rewarding career possibilities in the public sector.

Mr. Neethi Manickam

Mr. Neethi Manickam delivered an inspiring and thought-provoking session on Time Management, Problem Solving, and Critical Thinking. He emphasized how effective time management enables students to prioritize tasks, stay focused, and achieve goals efficiently. The session also highlighted essential leadership qualities such as responsibility, decision-making, and accountability.

Through practical strategies and real-life examples, he guided students on analysing situations critically, approaching challenges logically, and solving problems effectively. The session encouraged students to think ahead, plan their actions wisely, and take ownership of their personal and professional growth, motivating them to build a strong foundation for future success.

Ms. Arularasi

Ms. Arularasi conducted an engaging and highly practical session focusing on Job Market Awareness, Career Opportunities, and Workplace Ethics. She helped students understand current job market trends, emerging career options, and the skills required to stay competitive. The session emphasized professional behaviour, including workplace ethics, discipline, communication skills, and respectful conduct in professional environments.

She also guided students on setting clear career goals and planning systematic steps to achieve them, while highlighting the importance of professional etiquette, body language, and personal presentation. Through real-life examples and practical insights, the session equipped students with the right mindset, ethical values, and awareness needed to enter the job market confidently and responsibly.



Ms. Jenifer

Ms. Jenifer delivered an interactive and insightful session on Workplace Communication, Interview Skills, and Body Language, helping students understand the importance of clear, professional communication in a work environment. She explained how effective verbal and non-verbal communication plays a crucial role during interviews and daily workplace interactions.

Through engaging activities and practical demonstrations, Ms. Srija highlighted key aspects such as confident self-presentation, appropriate body language, active listening, and professional responses. She also guided students on handling interviews effectively by maintaining clarity, confidence, and composure. Her session encouraged students to communicate confidently, present themselves professionally, and approach interviews with assurance and purpose.

Mr Susai Raj

Mr. Susai Raj facilitated a powerful and motivating session on Resume & Cover Letter Preparation, LinkedIn Profile Building, and Emotional Intelligence at Work. He guided students on how to create effective and professional resumes and cover letters that highlight their skills, strengths, and career aspirations. The session also focused on building a strong LinkedIn profile, emphasizing personal branding, networking, and leveraging the platform for career growth. In addition, he highlighted the importance of Emotional Intelligence in the workplace, helping students understand self-awareness, empathy, emotional regulation, and positive interpersonal relationships. Through practical insights and real-life examples, the session empowered students to present themselves professionally, manage emotions effectively, and navigate the professional environment with confidence and maturity.



Post-Program Follow-ups

1

Career Insights Weekly Magazine

sent directly to students' mail IDs, keeping them informed about industry trends and career advice.

2

Telecounselling

sessions for personalized career guidance.

3

DBV WhatsApp Channels

for job alerts, educational updates, and networking.

4

Don Bosco Vazhikaatti YouTube Channel

Access to the YouTube Channel with training videos, expert talks, and interview insights.

5

Jobs DBI app

Don Bosco JPN (Jobs DBI app), providing students with job opportunities directly through the app.

6

Training and Placement Opportunities

TMF SMART and QUEST ALLIANCE programs, offer internships and full-time job placement assistance.

Feedback and Impact

Personalized Guidance:

Students received individual attention and tailored support, allowing them to identify their strengths, address personal challenges, and make informed decisions about their academic and career paths. This customized approach ensured that each student benefited meaningfully from the program based on their unique needs and aspirations.

Comprehensive Coverage:

The program offered a wide-ranging and well-structured set of sessions that addressed every essential aspect of student development, including communication skills, emotional intelligence, leadership, career planning, competitive exam awareness, and personal growth. Each session was thoughtfully designed to equip students with the right knowledge, mindset, and practical tools needed to succeed academically, professionally, and personally.

Follow-Up Support:

The program also ensured continuous guidance through dedicated follow-up support, helping students clarify doubts, refine their skills, and apply the learning effectively even after the sessions. This ongoing assistance strengthened their confidence and provided a clear pathway for academic and career growth.

A feedback survey was conducted through Google Forms, with 265 students providing their responses.

Conclusion

The BEST Program was designed to equip students with essential employability skills, career awareness, and professional competencies required to succeed in today's competitive job market. Through a series of interactive and practical sessions led by experienced resource persons, students gained valuable insights into job market trends, career opportunities, workplace ethics, professional behaviour, effective communication, and awareness of competitive examinations such as UPSC and TNPSC.

The sessions also focused on interview skills, body language, resume and cover letter preparation, LinkedIn profile building, emotional intelligence at work, and career pathways through government and civil service examinations, enabling students to explore both private and public sector opportunities. Emphasis was placed on time management, leadership, problem-solving, and critical thinking to help students make informed decisions and manage challenges effectively, including strategies for competitive exam preparation.

Overall, the program empowered students with clarity, confidence, and a structured approach to career planning, preparing them to enter the professional world with the right skills, mindset, and ethical values for long-term success. The initiative made a significant contribution to enhancing the employability and competitive readiness of students at Don Bosco College. Through continuous support, valuable resources, and consistent follow-ups, Don Bosco Vazhikaatti has reaffirmed its commitment to shaping the leaders of tomorrow and preparing students to face the challenges and opportunities of both professional careers and competitive examinations.

Suggestions to the Management

Based on student feedback and observations during the program, it is recommended that the management consider that the BEST Program only to be taken on the given dates not the regular classes, as students have expressed strong interest in this session.

Additionally, since a majority of students have shown keen interest in preparing for competitive examinations such as UPSC and TNPSC, it is suggested to establish structured guidance programs, including orientation sessions, foundation courses, study circles, mentoring support, and access to relevant learning resources. These initiatives would further strengthen students' preparation and improve their chances of success in competitive examinations.

ACKNOWLEDGEMENT:

The program was made possible through the dedicated efforts of the Don Bosco Vazhikaatti team, along with the expert guidance of Rev. Fr. Joe Anand and Mr. Lawrence. Their commitment, expertise, and enthusiasm played a key role in delivering impactful sessions for the students.



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